

7th Grade 2022-23 Health Curriculum Map

1st Grading Period: Chapter 12 (Personal Health Care 8.1.1, 8.1.5, 8.2.2, 8.2.3, 8.3.3,) **Chapter 9** (Nutrition 8.1.7, 8.2.5, 8.3.1,) **Chapter 10** (Physical Activity 8.1.1, 8.1.5, 8.1.7,)

2nd Grading Period: Chapter 1 (Building Healthy Relationships 8.4.1, 8.4.2, 8.4.3, 8.4.4, 8.4.5, 8.4.6, 8.4.7, 8.4.8, 8.4.9) **Chapter 2** (Dating Relationships & Abstinence 8.4.1, 8.4.2, 8.4.3, 8.4.4, 8.4.5, 8.4.6, 8.4.7, 8.4.8, 8.4.9) **Chapter 3** (Building Character 8.1.1, 8.2.3, 8.2.4, 8.2.5, 8.2.8, 8.5.1,)

3rd Grading Period: Chapter 4 (Bullying & Cyber Bullying 8.1.1, 8.4.4, 8.4.7) **Chapter 7** (Conflict Resolution 8.4.1, 8.4.2, 8.4.3, 8.4.4, 8.4.5, 8.4.6, 8.4.7, 8.4.8, 8.4.9) **Chapter 8** (Violence Prevention 8.4.1, 8.4.2, 8.4.3, 8.4.4, 8.4.5, 8.4.6, 8.4.7, 8.4.8, 8.4.9)

4th Grading Period: Chapter 5 (Your Mental & Emotional Health 8.1.1, 8.1.2, 8.2.3, 8.3.3, 8.3.4, 8.7.1) **Chapter 6** (Mental & Emotional Disorders 8.1.1, 8.1.2, 8.2.3, 8.3.3, 8.3.4, 8.7.1)

8th Grade 2022-23 Health Curriculum Map

1st Grading Period: Chapter 13 (Body Systems 8.1.1, 8.1.5) Chapter 11 (The Life Cycle and Lesson 13.5 Reproductive & Endocrine Systems 8.1.1, 8.1.5, 8.1.8, 8.2.4, 8.2.8,)

2nd Grading Period: Chapter 15 (Alcohol 8.1.1, 8.1.6, 8.1.8, 8.2.3, 8.7.3) Chapter 16 (Drugs 8.1.1, 8.1.6, 8.1.8, 8.2.3, 8.7.3) Chapter 14 (Tobacco 8.1.1, 8.1.6, 8.1.8, 8.2.3, 8.7.3)

3rd Grading Period: Chapter 18 (Communicable Diseases 8.1.1, 8.1.3, 8.1.5, 8.1.6, 8.1.7,8.1.8, 8.5.1) Chapter 19 (Noncommunicable Diseases 8.1.1, 8.1.3, 8.1.5, 8.1.6, 8.1.7,8.1.8, 8.5.1)

4th Grading Period: Chapter 17 (Using Medicines Wisely 8.1.1, 8.1.5, 8.1.7, 8.1.8) Chapter 20 (Safety 8.1.1, 8.1.4, 8.1.5, 8.1.7, 8.1.8, 8.7.1, 8.7.5)

2022-23 Gym Curriculum Map

Grading Period #1

Volleyball (8.1.12, 8.4.4, 8.4.5, 8.5.4)

Tennis (8.1.1, 8.1.8, 8.1.9, 8.1.12, 8.2.4, 8.2.7, 8.2.8, 8.4.4, 8.5.3, 8.5.4)

Disk Golf (8.1.1, 8.2.1, 8.5.4)

Mile Pre-Test (8.1.1, 8.3.8, 8.5.1)

Ultimate (Frisbee, Football) (8.1.5, 8.1.6, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.1, 8.4.4)

Kickball (8.1.5, 8.3.2, 8.4.4)

Dodgeball (8.1.4A, 8.1.5A, 8.2.1)

Grading Period #2

Indoor Soccer (8.1.5, 8.1.6, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.1)

Pickleball (8.1.1, 8.1.8, 8.1.9, 8.1.12, 8.2.4, 8.2.7, 8.2.8, 8.4.4, 8.5.3, 8.5.4)

Bowling/Cardio Drumming (8.2.1, 8.2.2, 8.3.2, 8.5.3)

Wiffle Ball (8.1.4, 8.1.5, 8.1.8, 8.4.2, 8.4.4)

Floor Hockey (8.1.6, 8.1.8, 8.1.13, 8.1.14, 8.4.2, 8.4.4, 8.4.5, 8.5.4)

Chinese Jump Rope (8.1.3, 8.2.2, 8.4.4, 8.5.2, 8.5.3, 8.5.4)

Student Choice

Grading Period #3

Indoor Soccer (8.1.5, 8.1.6, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.1)

Table Tennis (8.1.1, 8.1.8, 8.1.9, 8.1.12, 8.2.4, 8.2.7, 8.2.8, 8.4.4, 8.5.3, 8.5.4)

Basketball (8.1.6, 8.1.7, 8.1.10, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.2, 8.4.2, 8.4.4, 8.5.4)

Dodgeball ((8.1.4A, 8.1.5A, 8.2.1)

TikTok Project (8.1.1, 8.1.3, 8.2.2, 8.4.3, 8.4.4, 8.5.3, 8.5.4)

Grading Period #4

Badminton (8.1.1, 8.1.8, 8.1.9, 8.1.12, 8.2.4, 8.2.7, 8.2.8, 8.4.4, 8.5.3, 8.5.4)

Ultimate (8.1.5, 8.1.6, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.1)

Tennis (8.1.1, 8.1.8, 8.1.9, 8.1.12, 8.2.4, 8.2.7, 8.2.8, 8.4.4, 8.5.3, 8.5.4)

Outdoor Soccer (8.1.5, 8.1.6, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.1)

Flag Football (8.1.5, 8.1.6, 8.1.13, 8.1.14, 8.2.4, 8.2.5, 8.3.1, 8.4.4)

Rag Ball (8.1.4, 8.1.5, 8.1.8, 8.4.2, 8.4.4)

Mile Post-Test (8.1.1, 8.3.8, 8.5.1)

****Some of these activities are subject to change and/or rescheduling due to variations in weather or facility availability.***